

# Sunflower Trail Run 5K

August 31, 2019 Buhler, KS

## Females (0 - 10)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Audrey Thomas	9	142	109 / 177	42:20	13:38/M
2	Ariana Kachelmeier	6	194	157 / 177	55:22	17:49/M
3	Kayli Snyder	10	210	170 / 177	57:22	18:28/M

## Females (11 - 17)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Kelsey Keylon	16	106	76 / 177	38:01	12:14/M
2	Audrey Lick	11	117	87 / 177	39:39	12:46/M
3	Lillian Timmons	13	160	125 / 177	45:43	14:43/M

## Females (18 - 35)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Kayla Straub	30	4	1 / 177	23:45	7:39/M
2	Kari Thiessen	27	6	2 / 177	24:22	7:51/M
3	Malerie Davied	23	8	3 / 177	24:53	8:01/M
4	Amanda Rudd	29	12	5 / 177	25:44	8:17/M
5	Elizabeth Polson	31	23	12 / 177	27:02	8:42/M
6	Courtney Cook	18	26	13 / 177	27:29	8:51/M
7	Hailey Mueller	27	34	17 / 177	28:12	9:05/M
8	Rachel Griffis	35	38	19 / 177	28:28	9:10/M
9	Keely Falk	22	40	21 / 177	28:51	9:17/M
10	Darcie Nelson	28	41	22 / 177	28:55	9:19/M
11	Charli Stanfield	24	43	24 / 177	29:49	9:36/M
12	Ashley Myers	28	45	25 / 177	30:06	9:41/M
13	Caitlin Craig	22	46	26 / 177	30:14	9:44/M
14	Jeanna Lewis	27	49	27 / 177	30:30	9:49/M
15	Stormy Malone	27	53	30 / 177	31:00	9:59/M
16	Alexandria Lear	22	55	31 / 177	31:37	10:10/M
17	Melissa Waite	30	57	33 / 177	31:43	10:12/M
18	Abby Anthony	35	58	34 / 177	31:46	10:13/M
19	Katelyn Timmons	25	59	35 / 177	31:47	10:14/M
20	Alex Stanfield	21	60	36 / 177	31:50	10:15/M
21	Samantha Kessler	33	62	37 / 177	32:24	10:26/M
22	Ashley Vogel	35	63	38 / 177	32:25	10:26/M
23	Sia Joung	31	64	39 / 177	32:35	10:29/M
24	Abbey Ward	28	65	40 / 177	32:36	10:30/M
25	Skylar Dreyer	27	66	41 / 177	32:41	10:31/M
26	Reanna Doyle	30	67	42 / 177	32:48	10:34/M
27	Lydia Butner	31	68	43 / 177	32:51	10:34/M
28	Monica Yoder	35	72	46 / 177	32:59	10:37/M
29	Jamie Fuqua	34	75	49 / 177	33:22	10:44/M
30	Breanna Massoth	25	81	55 / 177	34:31	11:07/M
31	Amandine Ta	29	82	56 / 177	34:48	11:12/M
32	Ashley Easter	34	83	57 / 177	35:00	11:16/M
33	Suzie Conrad	31	89	63 / 177	36:00	11:35/M



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34	Becca Maier	27	98	68 / 177	37:20	12:01/M
35	Melinda Kellogg	35	100	70 / 177	37:42	12:08/M
36	Andrea Bortner	33	110	80 / 177	38:54	12:31/M
37	Melony Moore	33	111	81 / 177	38:59	12:33/M
38	Kaylee Andsager	30	112	82 / 177	39:02	12:34/M
39	Erica York	26	115	85 / 177	39:16	12:38/M
40	Joely Bartel	25	125	95 / 177	40:10	12:56/M
41	Cayly Landrian	25	131	99 / 177	41:19	13:18/M
42	Anna Luetters	23	132	100 / 177	41:22	13:19/M
43	Kirsten Chapman	30	133	101 / 177	41:30	13:21/M
44	Kelsey Tully	27	134	102 / 177	41:37	13:24/M
45	Colby Patton	26	135	103 / 177	41:39	13:24/M
46	Marissa Moore	20	137	104 / 177	42:07	13:33/M
47	Kalissa Walker	32	140	107 / 177	42:18	13:37/M
48	Grace Gooch	24	146	112 / 177	43:12	13:54/M
49	Anna Hommertzhaim	29	147	113 / 177	43:13	13:55/M
50	Libbie Merritt	31	148	114 / 177	43:29	14:00/M
51	Shelby Davis	29	149	115 / 177	43:35	14:02/M
52	Jen Johnson	33	151	117 / 177	44:13	14:14/M
53	Teri Irwin	33	154	120 / 177	44:37	14:22/M
54	Carri Brobst	28	156	121 / 177	45:18	14:35/M
55	Kacey Bradshaw	35	158	123 / 177	45:42	14:43/M
56	Alison Williamson	34	159	124 / 177	45:43	14:43/M
57	Cyndi Kapla	35	164	128 / 177	46:09	14:51/M
58	Whitley Tomas	27	165	129 / 177	46:10	14:52/M
59	Nichole Henry	26	168	132 / 177	47:11	15:11/M
60	Michelle Pascal	26	174	138 / 177	48:31	15:37/M
61	Emily Trask	31	178	141 / 177	48:57	15:45/M
62	Julie Walker	33	180	143 / 177	49:10	15:50/M
63	Jessica Schubert	32	182	145 / 177	49:26	15:55/M
64	Jenny Hinerman	34	185	148 / 177	51:45	16:39/M
65	Loxy Vizcarra	32	186	149 / 177	51:45	16:39/M
66	Rachel Trombley	34	190	153 / 177	53:53	17:21/M
67	Kaitlyn Sanders	19	191	154 / 177	54:14	17:27/M
68	Candace Morgan	33	193	156 / 177	55:20	17:49/M
69	Courtney Carlson	28	196	159 / 177	55:23	17:50/M
70	Kelsey Latham	25	199	161 / 177	56:50	18:18/M
71	Alyssa Rostetter	25	200	162 / 177	56:51	18:18/M
72	Kristen Murby	26	204	164 / 177	56:52	18:18/M
73	Jaydee Boudreaux	27	206	166 / 177	57:02	18:21/M
74	Stephanie Lemon	29	212	172 / 177	57:50	18:37/M
75	Kendra Sumpter	33	213	173 / 177	57:51	18:37/M
76	Elizabeth Ledebroer	30	215	175 / 177	59:47	19:15/M

Females (36 - 50)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Megan Shearer	38	9	4 / 177	24:54	8:01/M



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2	Allyson Teal	38	15	7 / 177	26:02	8:23/M
3	Aurora Myers	39	18	9 / 177	26:14	8:27/M
4	Anita James	49	21	10 / 177	27:00	8:41/M
5	Tina Powell	42	22	11 / 177	27:01	8:42/M
6	Pam Lucas	39	27	14 / 177	27:45	8:56/M
7	Pam Amey	39	28	15 / 177	27:46	8:56/M
8	Angelica Hogan	36	29	16 / 177	27:58	9:00/M
9	Christi Rife	49	42	23 / 177	29:23	9:27/M
10	Linda Longshaw	50	50	28 / 177	30:49	9:55/M
11	Elizabeth Abrams	36	51	29 / 177	30:52	9:56/M
12	Holly Wills	40	56	32 / 177	31:37	10:11/M
13	Erika Barnes	38	70	44 / 177	32:53	10:35/M
14	Shannon Jamerson	47	71	45 / 177	32:57	10:36/M
15	Nicci Laird	42	73	47 / 177	33:18	10:43/M
16	Sara Farmer	40	74	48 / 177	33:18	10:43/M
17	Tamie Prieb	36	76	50 / 177	33:22	10:44/M
18	Janelle Browning	40	79	53 / 177	34:05	10:58/M
19	Michelle Bartel	44	80	54 / 177	34:12	11:01/M
20	Molly Siemens	36	84	58 / 177	35:08	11:18/M
21	Kendra Grewing	39	85	59 / 177	35:29	11:25/M
22	Tonya Miller	40	87	61 / 177	35:47	11:31/M
23	Lacey Cram	36	88	62 / 177	35:51	11:32/M
24	Amy Troxell	42	90	64 / 177	36:16	11:40/M
25	Laura Bender	45	91	65 / 177	36:24	11:43/M
26	Kim Koehn	37	95	66 / 177	37:02	11:55/M
27	Laurie Donovan	40	97	67 / 177	37:15	11:59/M
28	Evelyn Myers	48	101	71 / 177	37:43	12:08/M
29	Heather Wolf	48	104	74 / 177	37:48	12:10/M
30	Shelly Bartel	48	105	75 / 177	37:57	12:13/M
31	Angela Brightwell	41	107	77 / 177	38:01	12:14/M
32	Lara Helfrich	47	108	78 / 177	38:11	12:17/M
33	Angela Miller	36	114	84 / 177	39:14	12:38/M
34	Candice Kazmir	42	116	86 / 177	39:20	12:40/M
35	Christy Wilkes	50	120	90 / 177	40:04	12:54/M
36	Samantha Dillon	44	121	91 / 177	40:05	12:54/M
37	Morgan Appelhanz	36	122	92 / 177	40:05	12:54/M
38	Stephanie Wilson	40	123	93 / 177	40:07	12:55/M
39	Michelle Cunningham	47	127	96 / 177	40:18	12:58/M
40	Michelle Taylor	43	128	97 / 177	40:49	13:08/M
41	Kristi Vanausdall	48	129	98 / 177	40:53	13:09/M
42	Angel Faucett	48	139	106 / 177	42:16	13:36/M
43	Meghan Thomas	36	141	108 / 177	42:20	13:37/M
44	Jerri Loewer	50	150	116 / 177	43:44	14:05/M
45	Dayna Jaeckel	45	152	118 / 177	44:16	14:15/M
46	Tara Sims	36	153	119 / 177	44:16	14:15/M
47	Amy Liebl	43	157	122 / 177	45:19	14:35/M
48	Christina Albers	50	161	126 / 177	46:03	14:49/M



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49	Tammy Wellbrock-Talley	49	162	127 / 177	46:03	14:49/M
50	Jennifer Jarvis	46	167	131 / 177	47:10	15:11/M
51	Meghan Mueseler	43	170	134 / 177	48:23	15:34/M
52	Rebecca Thomas	40	171	135 / 177	48:23	15:34/M
53	Noemi Delgado	47	176	140 / 177	48:32	15:37/M
54	Christina Albers	50	183	146 / 177	49:45	16:01/M
55	Patricia Riggs	50	188	151 / 177	53:07	17:06/M
56	Charity Sanders	44	192	155 / 177	54:14	17:27/M
57	Lindsay Kachelmeier	39	195	158 / 177	55:22	17:49/M
58	Jennifer Spaun	40	205	165 / 177	57:01	18:21/M
59	Signe Cook	47	207	167 / 177	57:02	18:21/M
60	Lori Hammeke	50	209	169 / 177	57:03	18:22/M
61	Andrea Snyder	42	211	171 / 177	57:25	18:29/M
62	Molly Dudley	36	217	176 / 177	1:01:16	19:43/M
63	Jennifer Swinney	37	218	177 / 177	1:01:16	19:43/M

## Females (51 - 65)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Terry Moore	58	14	6 / 177	25:58	8:22/M
2	Roxann Baumfalk-Lee	63	17	8 / 177	26:12	8:26/M
3	Robin Cherry	58	36	18 / 177	28:19	9:07/M
4	Laurie Mcdonald	56	39	20 / 177	28:29	9:10/M
5	Stacey Martin	52	77	51 / 177	33:52	10:54/M
6	Sharon Coleman	57	78	52 / 177	33:53	10:54/M
7	Renee Vickery	57	86	60 / 177	35:47	11:31/M
8	Angela Sundaram	51	99	69 / 177	37:27	12:03/M
9	Cindy Damm	54	109	79 / 177	38:30	12:24/M
10	Ladena Sanders	56	113	83 / 177	39:03	12:34/M
11	Jana Mccarron	57	118	88 / 177	39:56	12:51/M
12	Diana Shannon	63	119	89 / 177	40:02	12:53/M
13	Darcie Rudd	62	124	94 / 177	40:09	12:55/M
14	Stephanie Luetters	53	138	105 / 177	42:15	13:36/M
15	Kim Groves	55	143	110 / 177	42:51	13:48/M
16	Karin Berens	52	145	111 / 177	43:04	13:52/M
17	Mary Gaffey	56	166	130 / 177	46:44	15:02/M
18	Amy Craig	53	169	133 / 177	47:23	15:15/M
19	Helena Duerksen	60	172	136 / 177	48:29	15:36/M
20	Maggi Pascal	56	173	137 / 177	48:30	15:37/M
21	Kate Keltz	54	175	139 / 177	48:31	15:37/M
22	Pam Buxton	63	179	142 / 177	49:10	15:49/M
23	Sandra Burgess	54	181	144 / 177	49:22	15:53/M
24	Lyn Pitman	64	184	147 / 177	50:03	16:06/M
25	Joy Hufford	53	187	150 / 177	53:07	17:06/M
26	Karin Cernik	59	189	152 / 177	53:53	17:21/M
27	Mary Nielsen	61	203	163 / 177	56:52	18:18/M
28	Denise Joslin	52	208	168 / 177	57:02	18:21/M
29	Donna Thompson	54	214	174 / 177	58:34	18:51/M



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## Females (66+)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Wenda Black	68	102	72 / 177	37:45	12:09/M
2	Jan Taylor	72	103	73 / 177	37:46	12:09/M
3	Sara Nixon	66	197	160 / 177	56:45	18:16/M

## Males (0 - 10)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Maks Dreiling	10	30	14 / 41	28:01	9:01/M
2	Elias Kachelmeier	10	31	15 / 41	28:03	9:02/M
3	Ryan Cherry	9	33	17 / 41	28:05	9:02/M

## Males (18 - 35)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Clark Loewer	18	1	1 / 41	19:35	6:18/M
2	Joshua Paine	24	2	2 / 41	19:58	6:25/M
3	Eric Johnston	34	3	3 / 41	20:13	6:30/M
4	Derek Conrad	33	11	7 / 41	25:43	8:17/M
5	Quinton Bogner	28	16	9 / 41	26:12	8:26/M
6	Hilario Garza	24	24	12 / 41	27:20	8:48/M
7	Devin Vickery	24	25	13 / 41	27:20	8:48/M
8	Kris Mueller	29	35	18 / 41	28:13	9:05/M
9	John Thomas	28	47	21 / 41	30:22	9:46/M
10	Jonathan Berg	33	54	24 / 41	31:06	10:01/M
11	Adam York	29	69	26 / 41	32:52	10:35/M
12	Dax Daily	29	92	27 / 41	36:30	11:45/M
13	Gabriel Nixon	21	198	38 / 41	56:46	18:16/M
14	Dusty Latham	27	201	39 / 41	56:51	18:18/M
15	Dalton Rostetter	25	202	40 / 41	56:51	18:18/M

## Males (36 - 50)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Troy Holdeman	39	5	4 / 41	24:00	7:44/M
2	Jake Sheridan	41	7	5 / 41	24:23	7:51/M
3	Brian Amey	38	13	8 / 41	25:50	8:19/M
4	Bobby Kazmir	42	19	10 / 41	26:21	8:29/M
5	Chris Bartel	49	32	16 / 41	28:05	9:02/M
6	James Earwood	36	44	20 / 41	29:56	9:38/M
7	Kyle Kachelmeier	39	93	28 / 41	36:45	11:50/M
8	Jim Helfrich	49	94	29 / 41	36:58	11:54/M
9	Auston Lauber	36	126	31 / 41	40:11	12:56/M
10	Brian Moore	44	136	33 / 41	42:07	13:33/M
11	Brandon Schievelbein	37	155	35 / 41	45:08	14:32/M
12	Nazario Hernandez	49	177	37 / 41	48:32	15:37/M

## Males (51 - 65)



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<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Don Troxell	51	10	6 / 41	25:20	8:09/M
2	John Lee	62	20	11 / 41	26:32	8:32/M
3	David Cherry	61	37	19 / 41	28:19	9:07/M
4	Mike Longshaw	55	48	22 / 41	30:22	9:46/M
5	Chris Fox	56	61	25 / 41	32:09	10:21/M
6	Dennis Hogan	52	130	32 / 41	40:53	13:09/M
7	Shan Venkatachalam	54	144	34 / 41	42:57	13:50/M
8	Thomas Kapla	52	163	36 / 41	46:09	14:51/M

Males (66+)

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Overall</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Brian Crank	66	52	23 / 41	30:58	9:58/M
2	Terry Pollock	71	96	30 / 41	37:11	11:58/M
3	Richard Golden	72	216	41 / 41	1:00:04	19:20/M