

# Sunflower Trail Run 5K Non Competitive

August 27, 2022

Buhler, KS

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>State</u>	<u>Gender</u>	<u>Age</u>	<u>Age Group</u>	<u>Gender</u>	<u>Time</u>	<u>Pace</u>
1	Aiden Long	Hutchinson	KS	Male	12	1 / 1	1 / 19	24:48.2	7:59/M
2	Josh Nichols	Inman	KS	Male	44	1 / 10	2 / 19	28:33.3	9:11/M
3	Lindsay Beeman	Oxford	KS	Female	23	1 / 29	1 / 92	28:34.3	9:12/M
4	Kathleen Deeter	Mcperson	KS	Female	41	1 / 29	2 / 92	30:49.6	9:55/M
5	Melissa Panzer	Salina	KS	Female	36	2 / 29	3 / 92	32:44.7	10:32/M
6	Randy Constantino	Salina	KS	Male	37	2 / 10	3 / 19	32:46.0	10:33/M
7	Carrie Roberts	Hutchinson	KS	Female	42	3 / 29	4 / 92	32:46.3	10:33/M
8	Regina Lavery	Wichita	KS	Female	48	4 / 29	5 / 92	32:49.1	10:34/M
9	Jessie Wohletz	Little River	KS	Female	31	2 / 29	6 / 92	34:14.8	11:01/M
10	Alyse Powell	Hutchinson	KS	Female	30	3 / 29	7 / 92	35:00.4	11:16/M
11	Tim Hamilton	Salina	KS	Male	53	1 / 2	4 / 19	35:06.2	11:18/M
12	Joseph Nisly	Nickerson	KS	Male	21	1 / 6	5 / 19	35:35.9	11:27/M
13	Kenzie Schmiedler	sedgwick	KS	Female	15	1 / 3	8 / 92	35:51.9	11:33/M
14	Josh Long	Buhler	KS	Male	37	3 / 10	6 / 19	35:55.0	11:34/M
15	Teresa Camfield	sedgwick	KS	Female	41	5 / 29	9 / 92	35:56.4	11:34/M
16	Emilie Schweizer	Hutchinson	KS	Female		1 / 1	10 / 92	36:02.8	11:36/M
17	Josie Peoples	Valley Center	KS	Female	12	2 / 3	11 / 92	36:10.4	11:39/M
18	Stacey Martin	Hutchinson	KS	Female	55	1 / 25	12 / 92	36:34.7	11:46/M
19	Chelsea Keck	Stafford	KS	Female	35	4 / 29	13 / 92	37:20.1	12:01/M
20	Destiny Norris	Milford	KS	Female	23	5 / 29	14 / 92	37:28.1	12:04/M
21	Kyle Banman	Mcperson	KS	Male	39	4 / 10	7 / 19	37:47.3	12:10/M
22	Nicholas Engle	Derby	KS	Male	40	5 / 10	8 / 19	38:10.7	12:17/M
23	Jamie Rowan	Great Bend	KS	Female	49	6 / 29	15 / 92	38:43.8	12:28/M
24	Joel Williams	Hutchinson	KS	Male	41	6 / 10	9 / 19	38:45.8	12:29/M
25	Dereka Pedersen	Topeka	KS	Female	51	2 / 25	16 / 92	38:58.0	12:33/M
26	Abby Anthony	Derby	KS	Female	38	7 / 29	17 / 92	39:00.7	12:33/M
27	Audrey Schmidt	Newton	KS	Female	34	6 / 29	18 / 92	39:29.5	12:43/M
28	Melissa Wilson	Bentley	KS	Female	39	8 / 29	19 / 92	40:01.7	12:53/M
29	Lisa Withrow	Newton	KS	Female	63	3 / 25	20 / 92	40:10.6	12:56/M
30	Brittany Birch	Newton	KS	Female	43	9 / 29	21 / 92	40:35.8	13:04/M
31	Katie Harmon	Wichita	KS	Female	39	10 / 29	22 / 92	40:38.5	13:05/M
32	Tami Lauffer	Salina	KS	Female	52	4 / 25	23 / 92	41:11.1	13:15/M
33	Lindsay Fine	Derby	KS	Female	40	11 / 29	24 / 92	41:51.0	13:28/M
34	Steve Gascho	Hutchinson	KS	Male	27	2 / 6	10 / 19	42:13.4	13:35/M
35	DeAnn Nichols	Inman	KS	Female	44	12 / 29	25 / 92	42:27.7	13:40/M
36	Auston Lauber	Maize	KS	Male	39	7 / 10	11 / 19	42:43.5	13:45/M
37	Megan Xenia Gilstrap	Wichita	KS	Female	30	7 / 29	26 / 92	42:52.8	13:48/M
38	Luke Gilstrap	Wichita	KS	Male	29	3 / 6	12 / 19	42:53.1	13:48/M
39	Rachel Demaree	North Newton	KS	Female	31	8 / 29	27 / 92	42:56.4	13:49/M
40	Brooke Jones	Wichita	KS	Female	31	9 / 29	28 / 92	42:56.4	13:49/M
41	Renee Aspinall	Towanda	KS	Female	56	5 / 25	29 / 92	43:17.6	13:56/M
42	Allison Parker	Derby	KS	Female	20	10 / 29	30 / 92	43:24.6	13:58/M
43	Madison Carroll	Derby	KS	Female	31	11 / 29	31 / 92	43:25.6	13:59/M
44	Pam Parker	Wellington	KS	Female	57	6 / 25	32 / 92	43:25.9	13:59/M
45	Renae Slusser	Goddard	KS	Female	38	13 / 29	33 / 92	43:26.4	13:59/M
46	Alysha Jorgenson	Fort Leavenworth	KS	Female	30	12 / 29	34 / 92	43:27.4	13:59/M
47	Kathie Hawk	Wichita	KS	Female	64	7 / 25	35 / 92	44:12.2	14:14/M
48	Amber Crotinger	Salina	KS	Female	37	14 / 29	36 / 92	44:20.0	14:16/M
49	Shannon Leis	Garden Plain	KS	Female	49	15 / 29	37 / 92	44:35.1	14:21/M
50	Fawna Hahn	Goddard	KS	Female	51	8 / 25	38 / 92	44:35.3	14:21/M
51	Helena Duerksen	Wichita	KS	Female	63	9 / 25	39 / 92	46:00.6	14:49/M



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52	Tammy Williams	Hutchinson	KS	Female	45	16 / 29	40 / 92	46:05.3	14:50/M
53	Maggi Pascal	Wichita	KS	Female	59	10 / 25	41 / 92	46:38.6	15:01/M
54	Sarah Ash	Assaria	KS	Female	43	17 / 29	42 / 92	46:44.2	15:03/M
55	Angela Varvel	Falun	KS	Female	56	11 / 25	43 / 92	47:17.5	15:13/M
56	Randi Yocham	Norman	OK	Female	53	12 / 25	44 / 92	47:42.0	15:21/M
57	Lucy Mullins	Hutchinson	KS	Female	30	13 / 29	45 / 92	47:45.6	15:22/M
58	Erin Marshall	Madison	AL	Female	46	18 / 29	46 / 92	47:58.8	15:27/M
59	Charlene Allen	Salina	KS	Female	68	1 / 4	47 / 92	48:56.1	15:45/M
60	Blaze Hyatte	Wichita	KS	Male	27	4 / 6	13 / 19	49:00.8	15:47/M
61	Mindy Huynh	Wichita	KS	Female	25	14 / 29	48 / 92	49:00.9	15:47/M
62	Becky Saylor	Hutchinson	KS	Female	34	15 / 29	49 / 92	49:03.0	15:47/M
63	Natasha Doneff-Jimenez	Wichita	KS	Female	41	19 / 29	50 / 92	49:03.1	15:47/M
64	Brooke Jennings	Salina	KS	Female	42	20 / 29	51 / 92	49:46.4	16:01/M
65	Melana Rodriguez	Mount Hope	KS	Female	13	3 / 3	52 / 92	49:55.5	16:04/M
66	Stacy Garnett	Salina	KS	Female	46	21 / 29	53 / 92	49:57.6	16:05/M
67	Kylee Smith	Hutchinson	KS	Female	10	1 / 1	54 / 92	50:02.7	16:06/M
68	Hayley Smith	Hutchinson	KS	Female	44	22 / 29	55 / 92	50:09.3	16:09/M
69	Jeannie Bunch	Wellington	KS	Female	65	13 / 25	56 / 92	50:31.7	16:16/M
70	Kathy Merkey	Wellington	KS	Female	54	14 / 25	57 / 92	50:31.8	16:16/M
71	Christopher Nance	Wichita	KS	Male	39	8 / 10	14 / 19	50:57.6	16:24/M
72	Anthony Burchardt	Wichita	KS	Male	48	9 / 10	15 / 19	51:23.5	16:32/M
73	Rachel Loux	Wichita	KS	Female	27	16 / 29	58 / 92	51:23.5	16:32/M
74	Ellie Dunlap	Derby	KS	Female	34	17 / 29	59 / 92	51:37.9	16:37/M
75	Shawnah Bennett	South Hutchinsor	KS	Female	50	23 / 29	60 / 92	52:01.7	16:45/M
76	Darla Raile	Salina	KS	Female	43	24 / 29	61 / 92	52:12.8	16:48/M
77	April Mayorga	Salina	KS	Female	45	25 / 29	62 / 92	52:12.9	16:48/M
78	Shannon Borgman	Blue Rapids	KS	Female	40	26 / 29	63 / 92	52:17.3	16:50/M
79	Marisol Rodriguez	Mount Hope	KS	Female	28	18 / 29	64 / 92	52:17.8	16:50/M
80	Fred Kitchell	Maize	KS	Male	40	10 / 10	16 / 19	52:30.6	16:54/M
81	Donna Heintze	Hutchinson	KS	Female	72	2 / 4	65 / 92	53:12.0	17:07/M
82	Traci Hoover	Oxford	KS	Female	52	15 / 25	66 / 92	53:16.6	17:09/M
83	Moriah Murphy	Wichita	KS	Female	29	19 / 29	67 / 92	54:34.9	17:34/M
84	Jolyne Archer	Derby	KS	Female	65	16 / 25	68 / 92	55:05.9	17:44/M
85	Tina Sumpter	Derby	KS	Female	58	17 / 25	69 / 92	55:08.7	17:45/M
86	Cathy Spicer	Derby	KS	Female	61	18 / 25	70 / 92	55:09.1	17:45/M
87	Karen Nance	Wichita	KS	Female	34	20 / 29	71 / 92	57:13.0	18:25/M
88	Sarah Esquerra	Sedgwick	KS	Female	30	21 / 29	72 / 92	57:35.7	18:32/M
89	Kaleb Esquerra	Sedgwick	KS	Male	27	5 / 6	17 / 19	57:36.1	18:32/M
90	Regina Troyer	Derby	KS	Female	60	19 / 25	73 / 92	57:45.6	18:35/M
91	Cheryl Rainsberger	Derby	KS	Female	62	20 / 25	74 / 92	57:46.6	18:36/M
92	Aimee Poulter	Wichita	KS	Female	24	22 / 29	75 / 92	57:49.1	18:37/M
93	Sarah Gregory	Wichita	KS	Female	23	23 / 29	76 / 92	57:49.6	18:37/M
94	Mikayla Goering	Manhattan	KS	Female	28	24 / 29	77 / 92	57:55.0	18:38/M
95	Cara Emig	Salina	KS	Female	32	25 / 29	78 / 92	58:22.0	18:47/M
96	Ruth Morton	Ellinwood	KS	Female	67	3 / 4	79 / 92	58:51.8	18:57/M
97	Erin Morton	Ingalls	KS	Female	31	26 / 29	80 / 92	58:52.5	18:57/M
98	Sarah Cherry	Ellinwood	KS	Female	37	27 / 29	81 / 92	58:53.0	18:57/M
99	Corey Muha	Goddard	KS	Male	30	6 / 6	18 / 19	59:49.0	19:15/M
100	Kris Tatum	Wichita	KS	Female	51	21 / 25	82 / 92	59:49.3	19:15/M
101	Christy Wilkes	Wichita	KS	Female	53	22 / 25	83 / 92	59:50.3	19:16/M
102	Mark Tatum	Wichita	KS	Male	54	2 / 2	19 / 19	59:50.6	19:16/M



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103	Kelsey Muha	Wichita	KS	Female	29	27 / 29	84 / 92	59:55.6	19:17/M
104	Sandra Friesen	Wichita	KS	Female	66	4 / 4	85 / 92	1:01:25.4	19:46/M
105	Cherith Karsak	Derby	KS	Female	47	28 / 29	86 / 92	1:02:49.9	20:13/M
106	Shannon Morris	Andover	KS	Female	47	29 / 29	87 / 92	1:02:50.4	20:14/M
107	Maryjean Wary	Colwich	KS	Female	56	23 / 25	88 / 92	1:02:51.0	20:14/M
108	Jana Bandy	McPherson	KS	Female	30	28 / 29	89 / 92	1:11:25.1	22:59/M
109	Jackie Kamphaus	McPherson	KS	Female	32	29 / 29	90 / 92	1:11:25.4	22:59/M
110	Paula Quastad	Inman	KS	Female	61	24 / 25	91 / 92	1:11:27.9	23:00/M
111	Pam Hodson	McPherson	KS	Female	64	25 / 25	92 / 92	1:11:28.1	23:00/M